



MASAKHE NEWS

A Greek philosopher once said; "The only constant is change". This is certainly true at Masakhe Foundation, where we start our day with well laid plans then quickly have to change it because a generous donation in kind has become available and needs to be collected and often distributed on the same day.



Addiction Awareness:

Our training started in Macassar and 21 Volunteer Addiction Awareness Facilitators received their certificates on the 26th March. Quite a few of the new Facilitators are already assisting families and individuals.

15 Atlantis Facilitators received refresher sessions which will enable them to go out in force to assist families and addicts.

We have started our face to face weekly family support groups and we also provide telephonic support to families in Gauteng and other outlying areas. We are working with qualified Counsellors who are willing to assist when needed.

Unfortunately, there remains a stigma attached to addiction and consequently many are reluctant to seek help. Our course covers the different aspects of addiction and our Facilitators are often amazed by the knowledge they have gained by attending the course.



Outreach:

The past three months was fun and the support that we have received added much joy to the lives of the beneficiaries. We received so much donations in kind and to ensure that we provide food relief to those in need immediately, we constantly had to change our plans. With the donations we were able to serve the various communities and other organisations with:

- 1650 individuals and with soup, bread, products and sweet treats.
- 1500 families received food parcels and virtual food vouchers.
- Woolworths also supported us with biscuits and sweet treats which we shared with Maitland Children's Home, Old Age Homes, Primary Schools and other organisations.



A BIG thank you to the Young People of the Cape Coastal and Cape Winelands areas for their overwhelming support. Their food drive initiative has given our stock a healthy boost. We are now able to support many more families.

We are contemplating re-opening our After School Safe Spaces hubs but we need to ensure that it is done safely as we do not want to put anyone's health at risk.

THANK YOU to all our donors – big, small, cash or in kind, you enable us to support families and individuals in the various communities.

To our volunteers, we know it is often hard work but please do not give up. Your support is appreciated.

For additional information, please connect with us via our various social media platforms, email or give us a call.

Thank you for your support.

The Masakhe Foundation Team